

GARTREE HIGH SCHOOL

WEEK ONE

LUNCH MENU SPRING/SUMMER 2020/2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Turkey Meatballs With Whole Meal Pasta	Chicken Fajita Wrap With Red Cabbage Slaw	Shepherd's Pie Hotpot	Minted Lamb Lasagna With Garlic & Rosemary Focaccia	Oven Baked Battered Fish With Burnt Lemon
VEGETARIAN COURSE	Chinese Chunky Vegetable Curry With Bean Sprouts	Cauliflower, Sweet Potato & Spinach Balti	Tomato, Basil & Mozzarella Pasta Bake, Crisped Salad	Whole Meal Pita Pizza, With Cheese, Tomato & Pesto (NUT FREE)	Dirty Mac & Cheese Toppers: -Crispy Bacon -Herbed Onions
SIDES	-Chow Mein Noodles -Herb Salted Chips -Green Beans & Broccoli	-Spiced Vegetable Rice -Vegetable Samosas -New Potatoes with Cumin and Coriander	-Herbed Roasties -Chunky Carrots -Herbed Cabbage	-Cajun Wedges -Baked Beans -Corn On the Cob	-Chips -Peas -Baked Beans
SNACKS	-Hot panini/Ciabatta -Pasta king of the day -Jacket potato bar Selection of hot & cold fillings -sandwiches, rolls & wraps	-Hot panini/Ciabatta -Pasta king of the day -Jacket potato bar Selection of hot & cold fillings - Sandwiches, rolls & wraps	-Hot panini/Ciabatta -Pasta king of the day -Jacket potato bar Selection of hot & cold fillings -Sandwiches, rolls & wraps	-Hot panini/Ciabatta -Pasta king of the day -Jacket potato bar Selection of hot & cold fillings -sandwiches, rolls & wraps	-Hot panini/Panini -Pasta king of the day -Jacket potato bar Selection of hot & cold fillings -Sandwiches, rolls & wraps
HOT DESSERT	Apple & Strawberry Cookie Crumble With Vanilla Custard	White Chocolate Brownie & Chocolate Sauce	Raspberry & Croissant Bread and Butter Pudding Cinnamon Custard	Chocolate Fudge Cake & Cream	Sticky Toffee Pudding With Caramel Sauce
COLD DESSERTS	Fresh fruit salad Jelly Cheesecake/Mousse Homemade biscuit or cake	Fresh fruit salad Jelly Cheesecake/Mousse Homemade biscuit or cake	Fresh fruit salad Jelly Cheesecake/Mousse Homemade biscuit or cake	Fresh fruit salad Jelly Cheesecake/Mousse Homemade biscuit or cake	Fresh fruit salad Jelly Cheesecake/Mousse Homemade biscuit or cake

